

# How to use the Cylindrical Toothbrush

## Basic

Do not rotate. Just use it as a conventional toothbrush in back-and forth motion.

## Period of duration

The bristles are getting inelastic gradually. If you feel it got stiff, it is time to replace the toothbrush.

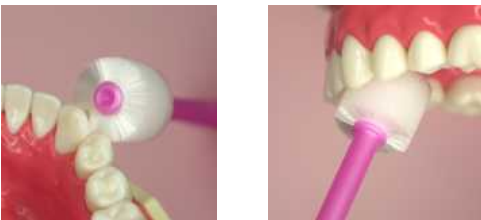
## Front teeth

Brush just like a conventional toothbrush in back-and forth motion. Up-and-down motion is also recommended if you have summer teeth. Backside of front teeth is the hardest part to brush because of its shape rounded and reentrant. With the cylindrical toothbrush, the head having plenty bristles would fit such part neatly.



## Canine tooth

Up-and-down motion is recommendable. Tongue side incline can be brushed at a stroke with the wide span brush head.



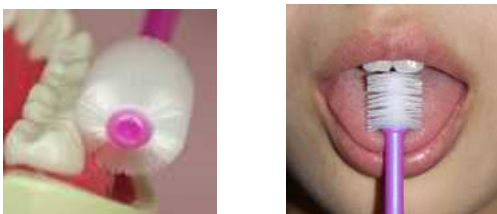
## Molars

Brush just like as usual. Ultrafine bristles get into the grooves and remove the plaque neatly. Jiggle the bristle gently at an angle, while brush tongue side of molars. Feel the surface that it is not rough with your tongue tip.



## Gum massaging and Tongue cleaner

Gum brushing is recommended by dentists to stimulate blood flow. Also, brush your tongue gently to remove germs.



**Caution!**  
Stop using when you feel pain or irritation during normal use.